

Course Descriptions

Spring 18 Academy

Tuition fee is next to each course.

**\$25 per term membership fee,
which includes members-only events.**

MUSIC

MUSIC OF THE MEDIEVAL MASS -NEW!

Course Leader: ROBIN MCNEIL

10 THURS, 9:30-11 am: 2/15-4/26 (Skip 3/29)

\$95 Lecture, Q&A, Music

Examine the formation and development of Western Music from the middle of the ninth century to the beginning of the 15th century. The course centers upon the development of the Easter mass because only the priest of the Roman Catholic Church had the education necessary to write music down. Learn how the choirs in the great cathedrals in Europe, such as Notre Dame, knew the latest version of what they were singing. Learn why the music of the mass was often the result of several priests at different cathedrals throughout Europe.

Concert pianist **Robin McNeil** taught at the Universities of Illinois and South Dakota, in addition to serving as executive director of the Denver Philharmonic Orchestra.

FROM BLUE(S) TO GOLD -NEW!

Course Leader: PAUL TURELLI

8 THURS, 11:30 am-1 pm: 2/15-4/12 (Skip 3/29)

\$80 Lecture, Q&A, Music

Rock and roll performers such as Elvis, the Rolling Stones, Eric Clapton, Led Zeppelin, the Doors, and countless others owe their golden success to the blues and other “root music.” Many of the classics of our age originated as “covers” or remakes of blues, folk, and country tunes—nearly lost and forgotten. Experience recordings, film clips, and straight-ahead gritty sound.

Paul Turelli, a former Littleton Public Schools Administrator and teacher, has most recently taught Academy music classes about Bob Dylan, The Beatles and female songwriters of the '60s. Paul is a member of the Academy's Board.

JAZZ OF THE '50S -PART 2: THE SINGERS -NEW!

Course Leader: LORENZ RYCHNER

5 WED, 11:30 am-1 pm: 2/14-3/14

\$60 Lecture, Q&A, Music

It was a great decade for singers—more exciting styles of Jazz emerged in the '50s than in any other decade before or after, and singers were no longer just an embellishment to a band. There was jazz for every taste, from the lyrical to the fiery, from the traditional to the avant-garde, with added spice from Latin-American influences. Anita, Ella, Sarah, Peggy, Carmen, Billie, Blossom, Betty, Dinah, Nina—and those are just some of the ladies. The fellas will get their props also! You needn't have attended the 2017 class to enjoy this one, and there are no prerequisites. Tapping toes are welcome!

Lorenz Rychner headed the music synthesis and electronic orchestration programs at the Grove School of Music. Many published books and articles later, he moved to Colorado in 1996 and was the Editor at *Recording* magazine.

ART

SIDNEY LUMET FILMS -NEW!

Course Leader: DON BAER

8 WED, 9:30 am-1 pm: 2/14-4/11 (Skip 3/28)

* Please note class time (includes lunch break)

\$95 Movie viewing, analysis, discussion

View eight of the classic films from four-time Oscar-nominated director Sidney Lumet: *12 Angry Men*, *The Verdict*, *The Pawnbroker*, *Serpico*, *Before the Devil Knows You're Dead*, *Dog Day Afternoon*, *Dr. Strangelove*, and *Network*. Analyze and discuss what Lumet was best known for: his technical knowledge and skill at getting first-rate performances from his actors. Most feel his movies are often complex and emotional, but seldom overly sentimental. Make your own decisions about this filmmaker and his movies. Bring a lunch!

As a former television producer, Director, and Production Executive with 35 years in the Industry, Don Baer shares his knowledge about the compelling attraction for those involved with the "Silver Screen."

ARTS IN THE AFTERNOON

AT THE LONE TREE ARTS CENTER -NEW!

Course Leader: Various

3 WED, 1:30-3 pm: 2/14, 3/14, 4/11

At the Lone Tree Arts Center 10075

Commons St.,

Lone Tree, 80124

\$65 Music, Attending Plays, Behind-the-Scenes

Join us for three afternoon performances at the Lone Tree Arts Center. On Feb. 14, the Tina Phillips Jazz Trio performs jazz standards from the *Great American Songbook*, including “My Funny Valentine” and “Cheek to Cheek,” while demonstrating how musicians communicate and improvise with each other. On March 14, members of the Colorado Symphony join host Betsy Schwarm for “Youthful Endeavors,” an exploration of string quartets by Rossini, Schubert, and Mendelssohn, all written at early ages. On April 11, August Wilson’s *Fences*, directed by Wren T. Brown, will be presented. *Fences*, the sixth play in Wilson’s American Century Cycle, revolves around the life of garbage collector Troy Maxson. Following each performance, Academy participants will have the opportunity for additional engagement with the performers or members of the Arts Center artistic team.

The **Lone Tree Arts Center (LTAC)** is an award-winning professional performing arts center and gallery owned by the City of Lone Tree. LTAC has a dynamic operating model in which it produces professional theater and presents world-renowned touring artists in all genres. Its mission is to provide remarkable programming for everyone. Music historian **Betsy Schwarm** spent a dozen years on the air at KVOD radio, “The Classical Voice of Denver,” and taught music appreciation at Metropolitan State University of Denver.

DAM GREAT ART: DEGAS, A PASSION FOR PERFECTION -NEW

Course Leaders: JOANNE MENDES, MARTY CORREN

1 WED, 1:30-3:30 pm

SIGN UP FOR ONE ONLY: 2/28 OR 3/7

Tour at the Denver Art Museum

\$35 DAM membership NOT required

Get a special guided tour of this exciting exhibition which will showcase prolific French artist Edgar Degas' art from 1855 to 1906. More than 160

Get \$10 off when you take DAM and Lone Tree Art.

Use code **ART2018**

works, consisting of paintings, drawings, pastels, etchings and sculptures in bronze, are included.

The exhibition will focus on recurring themes throughout Degas' 60- year career. These include a lifelong fascination with art of the past, the nude, a passion for horses, and interest in opera and dance. The DAM is the only

American venue for the exhibition. Please note that each tour can accommodate up to 28 participants. Parking is not included and is available at many lots in the area.

Art lovers **Joanne Mendes** and **Marty Corren** have organized the popular Academy DAM GREAT ART courses for the past nine years.

WATERCOLOR STUDIO DAY

Course Leader: SHARON ROUSE

1 TUES, 9:30 am-2:30 pm: 4/17

Please note time, (includes lunch break)

\$40 Demonstration, painting your own artwork

Pamper yourself with a day of creativity! Bring your brushes and supplies to participate in this “studio day” to paint and explore. A short morning demonstration will focus on color triads and their potential – then see what happens when you layer colors. Please don’t expect to start and finish a piece in this time frame. This class is open to all levels of experience. A suggested supply list will be sent to participants. Class limited to 18. Bring a lunch!

Sharon Rouse’s skills as an experienced teacher of adult classes and workshops guide her as she works with students of various skill experiences. Her work appears in various shows and private collections.

LITERATURE

MYTHOLOGY & CULTURE: JOSEPH CAMPBELL-NEW

Course Leader: BEVERLY CHICO

5 THURS, 1:30-3 pm: 3/15-4/26 (Skip 3/29, 4/12)

\$55 Lecture, Discussion

Explore mythology’s themes and history through Joseph Campbell’s research in comparative mythology, religion and culture. Campbell's concept of monomyth (one myth) is based on his

observation that a common pattern exists beneath the narrative elements of most great myths, regardless of their origin or time of creation. The main themes in this course include the history of mythology; lost myths from ancient eras, early story tellers, heroes and their adaptations, the goddess character; and rituals and spirituality.

Dr. **Beverly Chico** is a collector, exhibitor and author of *Hats and Headwear Around the World: A Cultural Encyclopedia*. She has served on the Costume Society of America's Board of Directors and Trustees for Endowment and Consultant to Canada's Museum of Civilization in Ottawa.

MACBETH -NEW

Course Leader: PAUL TURELLI

4 THURS, 1:30 pm: 2/15-3/8

\$45 Lecture, Q&A, Music

One of Shakespeare's shorter but most significant tragedies, Macbeth is an exploration of ambition and power gone astray. It is riveting and timeless, perhaps even more applicable today. By utilizing the text as well as the film directed by Justin Kurzel (2015), starring the fabulous Michael Fassbender and Academy Award Winning Marion Cotillard, our class will dissect the numerous underlying themes of this dark and terrifying classic.

Paul Turelli, a former Littleton Public Schools Administrator and teacher, has most recently taught Academy literature classes about Hamlet and Thomas Merton and Dorothy Day. Paul is a member of the Academy's Board.

READERS THEATRE

Course Leader: KARYL MEYER

6 TUES, 11:30 am-3 pm: 3/13-4/24 (Skip 3/27)

\$90 Reading, Performing

Among a group of your Academy peers, analyze, prepare and rehearse one or two classic scripts for an end-of-class performance with Academy students, family and friends. Class members may act, serve as simple sound technicians or be involved in other ways (understudies, stage set-up, gathering and managing simple costumes and props, etc.); however, the whole group will contribute to script analysis and character development by helping create the production. Prior acting experience and line

memorization are not required. Previous plays that have been read include *Love Letters*, *Casa Blanca* and *Arsenic and Old Lace*. Bring a snack. The performance date is still to be determined.

Karyl Meyer spent many years teaching high school, directing plays and musicals, as well as coaching speech and debate teams. For several years she served on the board of the Colorado Thespian Society, directing university auditions for high school seniors.

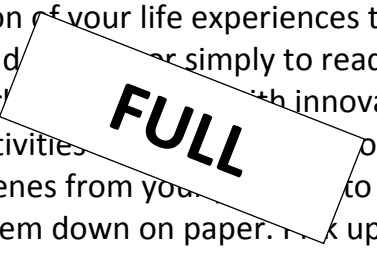
Robert Reiber received his training in the Meisner Technique at Hofstra university in the late 90's. Robert is thrilled to be working with the Academy.

WRITING YOUR LIFE STORIES

Course Leader: KATHY BOYER

6 WED 9:30-11 am: 2/14-3/21

\$65 Interactive Writing Workshop

Whether you're 19 or 90, you have stories to tell and wisdom to share. Learn how to begin compiling a collection of your life experiences to share with friends and family or simply to read later at leisure. Spar  with innovative and engaging activities to mind long-forgotten scenes from your life to help you start getting them down on paper. Pick up your pen and open a new chapter in your life in a supportive atmosphere. Limited to 12 participants. Repeat of a popular Academy course.

Kathy Boyer, a retired teacher, has conducted Life Stories workshops for libraries, summer camps, churches, community centers, and the Academy.

MASTERS OF SHORT STORIES: PART 2

Course Leader: PAULETTE WASSERSTEIN

6 TUES 1:15-3 pm: 3/6-4/17 (Skip 3/27)

\$70 Reading, Discussion

Join the celebration of the best short story writers of the 20th century. As an extension of the popular "Contemporary Short Stories" class, we will pay tribute to classical writers such as Edna Ferber, Ring Lardner, Ernest Hemingway, F. Scott Fitzgerald, William Faulkner and so many more. Examine one or two memorable stories each week, teasing out the meanings and building an appreciation of the short story as an art form. Broaden your

knowledge and sharpen your interpretive skills with lively discussions and interactive challenges. This is a repeat course from Spring 2017.

REQUIRED READING: Lorrie Moore, Heidi Pitlor, Eds. *100 Years of The Best American Short Stories*. Houghton Mifflin Harcourt, 2015.

Dr. **Paulette Wasserstein**, career teacher of English and education consultant, loves the exchange of ideas and sharing “a good read.”

WRITE TO SAVE YOUR LIFE

Course Leader: PATRICIA COX

6 TUES, 1:30-3 pm: 3/6-4/17 (Skip 3/27)

\$65 Discussion, Writing

“Anyone who physically and emotionally outlasts childhood has something to write about forever,” proclaimed author Lou Willett Stanek. You’ll agree once you read the rich vein of stories in your past and preserve these treasured tales. We’ll share each other in class and tackle writing at home. Reading your work aloud will prove a powerful affirmation, as will listening to others. This exchange is an effective way to improve your writing. Join this group, capped at 12, to learn how to transform your memories into memoirs. Repeat from Fall 2017.

Patricia Cox has taught writing for the Denver and Cherry Creek Schools. She has published three books, the most recent is *I’m Sorry...What Was the Question?*

SOCIAL SCIENCE

ANATOMY OF A MURDER TRIAL

Course Leader: DENNIS WANEBO

6 THURS 9:30-11 am: 2/15-3/22

\$65 Lecture, discussion

Get a front seat to the trial system by turning one particular case inside out: the 1981 interstate-contract murder of a young mother in Boulder County. The instructor, who originally tried the case, will set the scene, introduce the characters, discuss constitutional issues, explore the pros and cons of “going for the death penalty,” discuss plea bargains and

examine the jury system. Class limit is 25. This is a repeat of a Fall 2017 course.

Dennis Wanebo is a retired lawyer who has tried hundreds of civil and criminal cases from both sides of the courtroom. He’s also an award-winning singer/songwriter.

SPORTS IN SOCIETY: MONEY, SEX & DRUGS- NEW

Course Leader: BOB CONTIGUGLIA

7 THURS, 9:30-11 am: 2/22-4/12 (Skip 3/29)

\$85 Lecture, Q&A

Today, sports have gone from the last section of the newspaper to front page with corruption scandals, issues of gender and race, doping and concussions. We also question the value of youth sports. In this course we will discuss the evolution of modern sports from pure recreation to billion-dollar enterprises and their influence on modern society. We will look at how sports are organized, financed and governed around the world; the power and influence of the media and of sports organizations like the NFL, FIFA, IOC and the NCAA; how they have affected national and local politics, race and women. Finally, we will look at international sports corruption and attempts to change it.

Bob Contiguglia’s passion is soccer. Once a nephrologist at Rose Hospital, Bob has been a player, coach, administrator and executive at all levels of the sport for most of his life. Bob has been President and Board member on the Board of Directors of the United States Soccer Federation. He’s also worked with FIFA, the International Olympic Committee, company sponsors and just about anything else you can think of that’s soccer related.

JOURNALISM ETHICS IN THE TIME OF TRUMP AND TUMULT-NEW

Course Leader: BOB STEELE

5 THURS, 11:30 am-1 pm 3/22-4/26 (Skip 3/29)

\$65 Lecture, Q&A

What is the value of journalism during these chaotic times? What ethical values should guide journalists in covering contentious and complex issues on the local, national and global stages? What about the impact of social media on traditional journalism? We will explore how journalists make ethical decisions on tough issues and what responsibility citizens have to support journalism if they

believe in a vital democracy. This course will be discussion heavy and guided by veteran journalism ethicist Bob Steele.

Bob Steele's career spans professional journalism and applied ethics, college teaching and consulting. He has consulted for dozens of news organizations, re-evaluated National Public Radio's News Code of Ethics and won an award from the Society of Professional Journalists.

IMMIGRATION ISSUES IN THE TRUMP ERA –NEW

Course Leader: HANS MEYER

5 WED, 1:30-3 pm: 2/21-3/21

\$75 Lecture, Q&A

This five-week course will begin with the development of immigration law and an examination of the terminology and structure of our current immigration system. Other classes will examine: the immigration policy positions of the last decade; immigration enforcement and legislative proposals of the prior and current administrations; the creation and end of the Deferred Action (DACA) program; and recent efforts at significant enforcement at the state and local levels. Finally, we will examine responses to enforcement models by immigrant communities and advocates, including sanctuary city policies and comprehensive reform efforts.

Hans Meyer is the founder of the Meyer Law Office, P.C., which specializes in immigration law and removal defense, criminal defense and postconviction relief, the immigration consequences of crimes, and the civil rights of immigrants. As a nationally recognized expert, Hans frequently lectures, publishes, and appears in the press on issues related to immigration law and the criminal justice system.

EXPLORING THE POWER OF HUMAN ANIMAL RELATIONSHIPS

Course Leader: DR. PHIL TEDESCHI

5 TUES, 1:30-3 pm: 2/13-3/13

\$60 Lecture, Q&A

Research shows that humans' connections with animals shape lives across the life span, offering relational experiences that inform our social, emotional, cognitive, and psychological and psychological wellbeing. How do these relationships, deepen our relationship with non-human animals, including our own companion animals? How can that extend to a more meaningful relationship with our

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communities? Why is it important for society to respect and understand the impact of these relationships? This is a revision of a course given in Spring 2017.

Philip Tedeschi, executive director, Institute for Human-Animal Connection at The University of Denver, home to the internationally recognized Institute for Human-Animal Connection, a center for the study of the interrelationship and health of people, animals and the environment. He will be accompanied by his black lab Samara.

INTERNATIONAL CRIMINAL COURTS: JUSTICE & CONTROVERSY-NEW

Course Leaders: STEVE BERNARD, SHEILA PORTER, PHD.

6 THURS 1:30-3 pm: 2/22-4/5 Skip 3/29

\$65 Lecture, discussion

From the days of its origins with Nuremburg, international criminal courts have been mired in controversy over their scope, cost and relevance. Today the system of International Criminal Justice remains contentious. The African Union threatens to withdraw from being a participant and the US has never agreed to be a signatory. You will learn some relatively unknown history and will look ahead as we discuss the future of International Justice.

Steve Bernard, appellate judge, and **Sheila Porter**, forensic psychologist, have partnered again to delve into the world of International Criminal Courts. Both Steve and Sheila have long-standing interest in what leads to resolution after human rights abuses reach public awareness and prick the human conscience. Sheila is on the Academy Board.

GREAT DECISIONS 2018

COURSE LEADER: Sara Marsden, Various speakers

8 THURS, 9:30-11 am: 2/15-4/12 (Skip 3/29)

(includes *2018 Great Decisions Briefings Book*)

\$115 Various speakers, lecture, discussion, video

NEW TOPICS: The Great Decisions discussion

groups are part of a nationwide annual program

developed by the International Association. The

2018 topics are: The 1960s: Americana; Russia's foreign policy; China's foreign policy; Africa: the new geopolitical equation; Media and foreign policy; Turkey: a partner in crisis; U.S. global engagement and the military; South Africa's fragile democracy; and

Global health: progress and challenges. Each 15-

page chapter in the *Great Decisions Briefing Book*

places the issues in historical context and provides background, current policies and alternative opinions. Videos featuring experts in the field provide more information.

Required Reading: *2018 Great Decisions Briefing Book*, pick up on Jan. 17 at the One-Day Academy.

Sara Marsden studied at the University of Colorado and received Masters degrees from CSU and UCLA. She also completed a two-year stint in the Peace Corps in the Phillipines.

HISTORY

RUSSIA & EUROPE'S INTERWAR & COLD WAR RELATIONS: 1917-1991 -NEW

Course Leader: MARY SCHAEFFER CONROY
5 WED, 9:30-11 am: 3/21-4/25 (Skip 3/28)
\$60 Lecture, Q&A

The course outlines historical information about relations between Russia and European States in the Interwar Period and During the Cold War—1917-1991. For the Interwar period, we will examine relations between the Soviet Union and France, England, Germany, Poland, Czechoslovakia, and the Baltic States. For the Cold War Period, we will learn about the USSR and Austria, Hungary, Germany, Poland, the Baltic States, and Finland. Mary has recently been doing some on-site research for the course while in Austria and saw the British-Soviet demarcation lines first hand.

World expert on late imperial Russia, Dr. **Mary Schaeffer Conroy** has given numerous lectures in the USSR. She has published several books and is an emeritus Professor at the University of Colorado, Denver.

HISTORY OF THE FIFTIES: DAVID HALBERSTAM –NEW

Course Leader: JERRY HENDERSON
8 TUES, 1:30-3 pm: 2/13-4/17 (Skip 3/6, 3/27)
\$85 Lecture, Q&A

The Fifties Course is an examination and discussion of the sweeping social, political, economic, and cultural history of the 1950s that David Halberstam regards as semi-mythical. We will explore what our nation is today. We offer perspectives on the Eisenhower, Dulles, Oppenheimer, McCarthy, Hoover

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and Nixon, but also Harley Earl, who put fins on cars; Dick and Mac McDonald and Ray Kroc, who mass produced the American hamburger; Kemon's Wilson, who changed the way we sleep on the road;

U-2 plot Gary Francis Powers; Grace Metallious, who wrote *Peyton Place*; and many others. We learn that the Fifties were not a time of innocence as is frequently assumed, but a time of viciousness and loss of whatever remaining innocence post-WWII America might have possessed. Halberstam's book, *The Fifties*, is not required but would enhance the class experience.

Gerald Henderson, a petroleum reservoir engineer and global energy executive, enjoys facilitating classes in American Literature, including Mark Twain and the history of the *New Yorker*.

AMERICAN RELIGION: CIVIL WAR - PRESENT

Course Leader: TED STAINMAN
6 THURS, 9:30-11 am: 2/15-3/22
\$65 Lecture, Q&A

Our religious heritage tells the story of America. In our class we will discuss interesting and surprising religious leaders and events from the Civil War to the present. You will discover how the Catholic Church became the largest denomination and learn about the creation of an American Judaism, the Social Gospel, Prohibition, tele-evangelists, the arrival of Moslems, mega-churches, and the growth of Eastern religions. Finally, we'll reflect on what these changes tell us about ourselves and give us hints about our future.

Ted Stainman earned a Master's in Hebrew Letters from the Hebrew Union College, NYC, and attended the Hebrew University in Jerusalem, Israel, 1964-65, as a special overseas student. He taught American Religion at Wesley College after retiring from 23 years as an Air Force chaplain.

GLOBAL ROMP THRU 16TH & 17TH- CENTURY HISTORY –NEW

Course Leader: SHELLIE HOCHSTADT
8 WED, 11 am-1 pm: 2/21-4/18 (Skip 3/28)
\$85 Lecture, Q&A

This course is a highlight in our romp

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PHILOSOPHY/RELIGION

through world history. It begins with a view of world empires: China, Japan, Mughals of India, and the Ottomans. The exploration moves on to the development of Europe: God, gold and glory. This history involves the Reformation, Renaissance and exploration. We will put it all together as these are the centuries that developed global interaction.

Shellie Hochstadt taught AP world history, government and economics until retiring from high school teaching in 2010. She combines her interests in history, travel and reading into her teaching, where her goal is to bring a global perspective.

HAMILTON: THE MAN & THE MUSICAL

Course Leaders: SUSAN BLAKE-SMITH AND THE HAMILTONES

7 TUES, 9:30-11 am: 2/13-4/10 (Skip 3/20, 3/27)
\$80 Lecture, Q&A

Hamilton, the record-breaking Broadway sensation, has sparked new interest in one of America's most fascinating founding fathers. Using the musical as our backdrop, we will explore Alexander Hamilton's remarkable story from a hardscrabble childhood in St. Croix to his meteoric rise to Secretary of the Treasury, his role in the country's first publicized sex scandal and his fateful duel with Aaron Burr. We will discuss the lyrics, the music and why the show has "revolutionized" Broadway. Is the show historically accurate? Did Hamilton throw away his shot? Why is Lin-Manuel Miranda, the playwright, considered a literary and musical genius? This class will be fast-paced and fun. Whether you are familiar with the music or not, you're going to "want to be in the room where it happens."

Susan Blake-Smith, veteran Academy facilitator, with **Jack Keenan**, chair of the Academy's history department, **Jim Kneser**, music and economics buff, **Sally Kneser**, director of visuals and technology and **Mitch Samu**, professional music director, composer, musician and pianist extraordinaire.

WHAT IS FUNDAMENTALISM ANYWAY? -NEW

Course Leader: WALT MEYER

5 WED, 9:30-11 am: 3/14-4/18 (Skip 3/28)

\$60 Lecture, Discussion

Fundamentalism is a fairly recent concept in western vernacular, but it has existed from the earliest periods of recorded history. This course will start with a look at fundamentalism in the United States and from there expand to include how fundamentalism has played a role in Christianity, Judaism, Islam, Buddhism, as well as the Hindu and Sikh religious traditions. We will examine the major characteristics that constitute fundamentalism and look at examples of how those characteristics influence the various religions. We will also examine those places where fundamentalism spills over from the religious setting to the political. Finally, what does the future hold for fundamentalism and its continuing role in the world of tomorrow?

Walt Meyer is a retired "technocrat." His interest in Middle Eastern religion stems from leading different courses on Islam, the Crusades and Inquisitions over the past 12 years.

EVOLUTION OF GOD

Course Leader: RALPH STERN

8 WED, 1:30-3 pm: 2/14-4/11 (Skip 3/28)

\$80 Lecture, Discussion

How did the concept of God enter human consciousness? This course will be based on the thinking of Robert Wright, an atheist, but don't let his reputation throw you. We will study how, why and when the various concepts of gods and God developed from cave dwellers and hunter-gatherers until today. Be prepared for theories that are completely different and in some cases fly in the face of many stories we read in our bibles. Wright presents theories that, if included in a rewritten bible, would not conform to the biblical stories we know. His theories are based on many new archeological findings coming out of the Middle East in the past decade.

FULL

Ralph Stern has spent the past 45 years reading about theology, theodicy and comparative religion. In 1986, he entered the Jewish Theological Seminary and received a Masters in Jewish Philosophy.

CONTEMPORARY PHEMABLE PHILOSOPHERS -NEW

Course Leader: REX BROWN

6 WED, 9:30-11 am: 2/14-3/21

\$65 Discussion, Reading

It's probable that all the thinkers you may have studied in college were men. This discussion course will focus on women who have made major contributions to ethics by looking at the subject from women's standpoints. There is no formal study of philosophy required to enjoy this class. Each week, materials will be posted on the Academy website for you to read-- essays and excerpts from books such as *Women and Evil* by Nel Noddings; *The Fragility of Goodness* and *Love's Knowledge* by Martha Nussbaum; *A Question of Trust* by Onara O'Neill; and *Setting the Moral Compass* by various authors. As we read, we will take notes about what interests us most, what we don't understand, what thoughts we have about what we read and what pops into our heads. Then we will meet and talk about our reactions. The course is limited to 20 participants, so everybody has a chance to contribute.

Rex Brown has been facilitating philosophy discussions at the Academy for four years. He's taught at every level of schooling and founded an inner-city charter school specializing in experiential, project-based learning. He's on a Board at DAM and runs Pattern Studio shop in RiNo.

ECONOMICS & FINANCE

AN ALTERNATIVE VIEW:

STEADY STATE ECONOMICS

Course Leader: ALEC TSOUCATOS

10 TUES 11:30 am-1 pm: 2/13-4/24 (Skip 3/27)

\$85 Lecture, Q&A

Get a completely different, alternative approach to economics from what you're accustomed to. Our course leader posits "In a finite system, no subsystem can grow indefinitely. The system is the Earth, which is NOT growing; but one of the subsystems is

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the economy. We cannot grow the economy indefinitely, because we will run out of resources and garbage absorbers. The economy will then become unsustainable." Is a sustainable, steady-state Economy attainable? Is it desirable? We will propose and assess actual and possible solutions to exhaustion of physical resources and pollution and ways of putting such solutions into practice in our own communities. Repeat from Spring 2017.

Dr. **Alec Tsoucatos** received his Bachelor's and Master's degrees in Economics from UC Berkeley and his PhD from CU Boulder under the tutelage of Kenneth Boulding. His interests include New Economics, Integrative Medicine and Positive Psychology.

FINANCIAL LITERACY FOR THE 21ST CENTURY

COURSE LEADER: Eileen Sharkey

4 WED, 1:30-3 pm: 4/4-4/25

\$55 Lecture, Q&A

Global and personal economic storms are hard to avoid, but you can improve your chances of survival. Students will use current, practical tools to audit their own financial situations and to help them improve results. We will also delve into advanced money- management techniques including the psychology of money, cash flow, inflation and investing. This is a repeat course, but we will incorporate new topics requested by students in the Spring 2017 offering. This course is not intended to address individuals' issues, but to provide relevant and timely information.

Eileen Sharkey, CFP®, has a practical and global view of finance and an easy-to-understand approach to the changing principles of money management. In 2010, Wealth Manager honored her as one of the nation's 50 most influential women in finance.

THE PERILS OF PERA

Course Leader: JIM KNESER

4 TUES, 11:30-1 pm 3/6, 3/13, 4/3, 4/10

\$55 with handouts

OR \$45 No handouts (online before class meets)

Lecture

Can Colorado citizens solve the conflict between their good intentions and their financial limitations? In November, Standard & Poor's alerted the

state of Colorado that its good credit rating on public debt was at risk if it did not address both the unfunded liabilities in, and insufficient contributions to, its employee retirement funds. No longer able to conceal these problems, both the Colorado's Public Employee Retirement Association ("PERA") and the Governor's office, will be presenting a bailout plan to the legislature in early 2018. Gain insight into the debate regarding a (rather immediate) Colorado financial deficiency that is roughly equal to \$30,000 per Colorado household. This short course will provide you with the understanding necessary to see through the haze that will no doubt shroud the capitol during these debates and discussions, and the course will culminate in late April to learn about PERA's future. Choose one tuition rate: \$55 includes weekly printed handouts or \$45 for no weekly handouts (available online only.)

After a career in financial management, **Jim Kneser** has turned to teaching micro and macroeconomics, globalization and public policy to over 5,000 participants in over 60 courses. Jim is a founding Academy Board member.

SCIENCE, TECH & MEDICINE

SEARCH FOR ALIEN EARTHS -NEW

Course Leader: ANNE HOLLAND

5 WED, 9:30-11 am: 3/14-4/25 (Skip 3/21, 3/28)

\$60 Lecture, Q&A

We all grew up knowing there were just nine planets (and then eight, then maybe nine again!), but in the past 15 years NASA has been finding more and more planets outside of our Solar System every day. Learn more about NASA and National Science Foundation missions to find extra solar planets, and the scientists doing this work. This course will cover extremophiles on Earth, comparative planetology and the telescopes enabling these discoveries. Hear about upcoming new missions and what scientists hope to find next.

Anne Holland has a Master's of Science in Space Studies from the University of North Dakota and is currently the Community Engagement and Exhibits Manager at the Space Science Institute. She has 15 years' experience conducting education programs, including her time working on

ACADEMY FOR LIFELONG LEARNING SPRING 2018

Mauna Kea, home to some of the most important ground-based telescopes.

LET'S LIVE LIFE HEALTHIER

Course Leader: COLORADO

PERMANENTE MEDICAL GROUP (CPMG)/Kaiser

7 WED, various times-see below

\$65 Lecture, Q&A

Get the facts behind healthcare for people your age and how to stay active, vibrant and overall physically and mentally healthy. CPMG physicians will lead the way in providing education to you about: living life to the fullest, social determinants of a living a healthy lifestyle, the aging brain and prevention of dementia, exercise and the elderly, and sexual activity with aging, and how to manage your weight. This course is a joint venture between The Academy, Colorado Permanente Medical Group.

2/28 9:30-11:00

Dr Danielle McDermott, The Aging Brain

3/21, 2018 9:30-11:00

Dr Tracy Lippard, Living Life to the Fullest

4/4, 2018 9:30-11:00

Dr Wendolyn Gozanski, Sex and Aging

4/11 9:30-11:00

Dr Eric Harker, Healthy Lifestyle

4/18, 1:30-3 pm

Dr Adam Tsai, Weight Management in Medicare Years

4/25 11:30-1

Mark Patterson, Exercise and the Elderly

SKILLS

MAKING PHOTO BOOKS

Course Leaders: GEORGE HO, JR., SANDY RONAYNE

6 WED, 11:30 am-1 pm: 12/14-3/21

\$65 Demonstrations-Hands-On

In this course you will learn how to make photobooks using the software. What are suitable topics: from travels, family gatherings and celebrations, wildlife photography, memorials, writings coupled with photos of

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babies, weddings and genealogy. The prerequisite consists of availability of a laptop PC or MacBook with Wi-Fi capability. Basic skills to use a PC are necessary and ability to use a mouse is a plus.

PLEASE NOTE: smartphone, iPad and tablets WILL NOT WORK because they use different apps. By the end of the 6-week course, you will have created a photobook ready to order and purchase from Shutterfly, if you wish. Seats limited to 12.

George Ho, Jr. focuses his academic expertise on palliative end-of-life care for the Academy, but he spends a lot of retired life taking beautiful photos of birds at the Rocky Mountain Arsenal, where he also volunteers. **Sandy Ronyane** has made more than 50 photo books -- including ones on her family history (parents in WWII, family, mothers and grandparents trip to Colorado from Cleveland in 1928).

BREAKING THE COMMUNICATION BARRIER

Course Leader: ABE WAGNER

6 THURS, 9:30-11 am: 2/15-4/5, (Skip 3/22, 3/29)

\$65 Lecture, Q&A

Times have changed and people seem more divided than ever. Through a unique blend of warmth, wit and wisdom, Abe Wagner will help you understand and improve communication in your life based on the common-sense psychologies of Transactional Analysis (TA) and Neuro-Linguistic Programming (NLP) to improve communication, resolve conflict and reduce stress. Learn to stay out of psychological games and the drama triangle (persecutor, rescuer, victim); cope with stress; and “carefront” when dealing with people who are being “resistable.” You’ll also understand how to really listen, invite others to do the same, and appreciate the power of positive reinforcement. Plan to laugh while learning tools for a more rewarding life. This is a repeat of a Fall 2017 course.

Abe Wagner, MSW, is an author and international speaker. He has presented in all 50 states and over 35 countries. His down-to-earth approach and practical application of Transactional Analysis and NLP have been acclaimed by his audience members from all walks of life.

CHATTING EN ESPAÑOL, MORE THAN BEGINNER

Course Leader: LINDA GORDON

6 WED, 1:30-3 pm: 2/14-4/4 (Skip 2/21, 3/28)

\$65 Practice speaking, listening

Tailored to fit beginners with “un poquito,” at least one month of previous Spanish language experience, this class will include the basic vocabulary, sentence structures and phrases essential for travel and casual conversation. Will you become fluent? No, but you will have fun! Class limit is 25.

REQUIRED READING: Dorothy Richmond, *Practice Makes Perfect Spanish Verb Tenses*. McGraw-Hill, 2010. It’s \$15.

An educator for 36 years, **Linda Gordon** retired from being a school principal. As the former director of an English-as-a-second-language school in Mexico City for 10 years, she enjoys working with adults who like to learn.

CHATTING EN ESPAÑOL, INTERMEDIATE

Course Leader: SANDY STOLAR

8 WED, 1:30-3 pm: 2/21-4/18 (Skip 3/28)

\$85 Practice speaking, listening

Intermediate Chatting in Español is for people wanting to brush up on their conversational Spanish skills. We practice speaking, listening and reading in Spanish. We will review the past tenses as well as introducing or refreshing knowledge of other tenses and some grammatical concepts as needed by the participants. Our focus is “charlando en español.” Participants can use any Spanish grammar workbook but it’s not required.

Sandy Stolar taught Spanish for 25 years in middle school, high school and community college. She has traveled extensively in Mexico, Spain and South America. She is also licensed to teach Tai Chi.

TECH TIPS

Course Leader:

SCOTT HENKE

3 THURS, 11:30 am-1 pm:
4/5-4/19

\$10/class. First class FREE

****MUST REGISTER INDIVIDUALLY FOR EACH COURSE, NO MEMBERSHIP FEE REQUIRED THURSDAYS**

4/5 Troubleshooting your Computer-FREE

4/12 iPhones for Beginners

4/19 Android Phones for Beginners

No membership fee owed when taking any or all Tech Tips courses only. Use code **TECHTIPSONLY**

Onsite Consulting owner, **Scott Henke**, has been a consultant for 33 years and teaching at the Academy for 10 years. His company offers PC consulting, network troubleshooting, repair, virus and spyware solutions, free Carbonate backup monitoring, remote emergency help and more. Free advice via email: scott@henke.com

BRIDGE: PLAY! PLAY! PLAY! FOR ADVANCED BEGINNERS & INTERMEDIATES

Course Leader: SALLY KNESER

8 TUES, 11:30 am-1 pm: 2/20-4/17 (Skip 3/27)

\$90 Lecture, practice hands, playing

Practice your skills with a wide range of pre-set bridge hands, each with one or more lessons or challenges. These hands have all been previously used in the Academy's bridge courses and have proven to be excellent teaching exercises for the advanced beginner to intermediate level bridge player. Bidding and play situations will stretch your skills and help cement important bridge concepts. Helpers will be available to explain how each hand should be bid/played and why. Before each session, you will hear a very brief presentation identifying one of the concepts in the day's hands.

Required Reading: Audrey Grant, *Play of the Hand in the 21st Century*, (American Contract Bridge League), 2007.

Sally Kneser is a Life Master in bridge and enjoys explaining the basics to others. While volunteering with the Junior League, Sally chaired several committees, including the Facilitators and "keeper of the files" for several nonprofits.

BRIDGE: EVEN MORE PLAY PLAY PLAY

Course Leader: SALLY KNESER

8 TUES, 1:30 -3 pm: 2/20-4/17 (Skip 3/27)

\$40 Playing with your group or mix around

Looking for a place to relax and play bridge? Make Tuesday your marathon day for this popular card game! Begin with Sally Kneser's Play! Play! Play! course, then stick around to play more. No instruction to interrupt playing time with friends. Shuffle and play random deals. Come with your own group or mix around with others. Participants from the morning course can bring a lunch and continue the fun. Course limit: 100 players.

See Sally Kneser's bio above.

ACADEMY COURSE LEADERS Our course leaders are enthusiastic volunteers who research and present courses on topics of great interest to them. The materials and opinions they and their guest speakers present are their own and not necessarily those of the Academy for Lifelong Learning.

REGISTER ONLINE at AcademyLL.org



Mark your calendar for these special member events this spring (members may bring one friend to each).

STROKE: RISKS, RESEARCH & AFTERSHOCKS

Course Leader, David Ornelas, BSN, RN

WED, 3/7, 9:30-11 am, Lecture, Q&A, practical tools

Our speaker is a charge nurse from UC Health, and he will teach us how to thoroughly identify the signs and symptoms of a stroke. Learn about risk factors, how they specifically contribute to stroke and ways to reduce your risks. Get an in-depth look at the anatomy of a post-stroke brain and cutting-edge research. Information about stroke follow-up care and caregiver programs will be available.

David Ornelas is a registered nurse with 10 years critical care experience and works in the Neuro Surgical ICU at the University of Colorado Hospital in Aurora. David helped establish the fourth ever Mobile Stroke Treatment Unit (MSTU) in 2015. The MSTU is a specialized ambulance responding to 911 stroke calls with the ability to fully treat stroke patients in their driveway, grocery store, or library. David holds critical care and stroke care certifications.

THE SILENT EPIDEMIC: ESTRANGEMENT FROM FAMILY MEMBERS

Course Leader: Tina Gilbertson

TUES, 4/17, 9:30-11 am, Lecture, practical tools

About one in five people has someone in the family they're not talking to. For those over 50, perhaps the most painful silence is when an adult child intentionally creates distance. Parents who are rejected or ignored by their adult children may feel like they're the only ones with this painful problem. Research-based information and practical tips will be presented. Find out what causes estrangement, what to do about it, and how to support friends and relatives who may find themselves estranged from one or more adult children.

Tina Gilbertson is a Denver-based psychotherapist specializing in family estrangement. Tina has been featured as an

expert in communication and relationships by the *Washington Post*, *The Chicago Tribune*, *Redbook*, and hundreds of other media outlets. She maintains a blog on PsychologyToday.com.

DAM RENOVATIONS

Course Leader: Cristoph Heinrich, Director, Denver Art Museum

THURSDAY, 4/19 11:30 am -1 pm, LECTURE AT THE ACADEMY

Learn about the exciting new concepts and changes to be included in the newly renovated Hamilton building at the Denver Art Museum. The DAM Director will talk about the expansion of the North building and how the change will happen to one of Denver's crown jewels in art and culture.

Christoph Heinrich has been director of the DAM since Jan. 2010. With 25 years of experience in museums, Heinrich has organized more than 50 exhibitions including major loans from around the world. Heinrich came to Denver from Hamburg Kunsthalle in Germany, where he was Chief Curator for Contemporary Art, Collections and Exhibitions.

YOU CAN'T TAKE IT WITH YOU

Performance by cast of Readers Theater course
TUES, 4/17, 11:30 am, ENCORE, 4/24, 11:30 am, Performance

The cast of the Readers Theater course presents "You Can't Take It With You," a play by George S. Kauffman and a movie starring James Stewart. This afternoon at the Academy is not to be missed! The much-anticipated performance features the hard-working members of the Readers Theatre course. Join us.